

## **A Conversation with Kanika D.**

**Date: August 25, 2023**

[Silent white screen fades into title card with a photo of Kanika, that reads: A Conversation with Graduate Kanika D.]

[Transition to a blue title screen that reads: A Career in Chiropody]

[Alumni: Kanika speaking in a classroom]

**Kanika D.** [00:00:07] I'm currently in a Chiropody at The Michener Institute of Education, and we focus a lot on lower limb foot problems. And these are usually associated with diabetic foot care.

[Information card comes on screen that reads: Kanika D. – Completing an Advanced Diploma in Chiropody– Graduated 2021]

**Kanika D.** So I'm currently on my path to finish my cropodist licensing, so hopefully I'll be done that in the next year.

[Transition to a blue title screen that reads: An Education in Kinesiology]

[Alumni: Kanika speaking in a classroom]

**Kanika D.** [00:00:32] The Kinesiology program at the University of Guelph-Humber, with this program we learn a lot of exercise physiology, biochemistry, and we focus a lot on wellness and health. So we work alongside patients, we can work as personal trainers, you can go into the medical field, physiotherapy, and there's a lot of things that this program can lead you to going into.

[00:00:55] My favorite class for Kinesiology was actually biomechanics. I really enjoyed it because we had a lot of hands-on labs and I loved doing a lot of hands-on things. So because of the hands-on labs, I actually got to put what I was learning into what we were doing. And because I really did enjoy biomechanics, my professor actually offered me a research position to work alongside him at the University of Guelph.

[Transition to a blue title screen that reads: The Guelph-Humber Difference]

[Alumni: Kanika speaking in a classroom]

**Kanika D.** [00:01:24] I chose the University of Guelph Humber because they offer the two credentials within four years. And I liked how the Kinesiology program was very specific and there weren't any other additional courses that didn't seem relevant to the actual profession. And I also really like the practicums that were offered. I made a lot of real personal connections with the professors here, and I had a really great experience with the program.

[Fade to end card: white screen with University of Guelph-Humber logo with Toronto, ON (University location) in the bottom right corner of logo]